

Also Announcing...



MEDICA CPD

**Trauma, Attachment
& Behaviour in
Education Course**

3rd October 2017

with Dr Karen Treisman

Discount bookings if you book
both events together.

Let's Talk About Children Under Pressure

Practical Ways To Support

2nd Annual Conference

Wednesday 4th Oct 2017, Glasgow

A **'MUST'** attend conference for all those working in Schools, Colleges, Universities, Mental Health & Social Care settings. Knowledge updates and take away plenty of practical ideas, strategies and resources that you can use tomorrow!

Easy Ways to Book:

Online: www.medicacpd.com

Tel: **0141 638 4098**

Post: 

Conference Partners:



Mental Health
Foundation
Scotland

gtc
SCOTLAND

www.medicacpd.com



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@MedicaCPD



Let's Talk About Children Under Pressure

4th October 2017, Glasgow

We know from the statistics mental health issues among children & young people are on the increase, with more children and young people having difficulty facing the challenges of everyday life. Not only does this mean that a vast number of children and young people are unhappy, but are also underperforming at school, college and university; as well as in the early stages of their careers.

This conference brings together some of the most experienced practitioners in the field who are enthusiastic and inspiring speakers too. They will share with you their knowledge, increase your understanding; and most importantly provide you with practical strategies, tips and ideas on how best to respond and support children and young people in your care who are facing mental health difficulties.

CONFERENCE DETAILS:

Date: Wednesday 4th Oct 2017

Time: 9.45am - 4.25pm

(Registration will be from 9.00am - 9.45am)

Venue: Glasgow Marriot Hotel
500 Argyle St. Glasgow G3 8RR

Cost: £199 + vat *(including lunch and refreshments)*

HOW TO REGISTER

Book online: www.medicacpd.com

Tel: 0141 638 4098

Post: Please complete the registration form
overleaf and return by 22nd Sept 2017

For group bookings please contact the Medica CPD team on 0141 638 4098. Cancellation Policy: Please read our cancellation policy on the Medica CPD website or booking form.



GREAT SAVINGS:

Book "Children Under Pressure Conference" 4/10/2017 & "Trauma, Attachment, and Behaviour in Education" Course 3/10/2017 together and receive a discount! See full details of the course in this leaflet, select the discount button on the Medica Cpd website to book both events together or call the Medica Cpd office on 0141 638 4098.

Conference Programme

09.00 - 09.45am	Registration & refreshments on arrival
09.45 - 09.50	Welcome and opening remarks from the Conference Chair Rachael Hood , Families, Children & Young People's Manager for Scotland, Mental Health Foundation
09.50 - 10.50	Practical ways to work effectively to support children with anxiety, stress & overload • Learn to recognise and respond to the early warning signs for anxiety and stress with simple approaches that can be learned and implemented by non-specialist staff • Gain a better understanding and a range of resources to draw on when working with children and young people. Karen Treisman , Speciality Clinical Psychologist, Trainer & Author
10.50 - 10.55	Questions
10.55 - 11.20	Refreshment break with music from Fischy Music
11.20 - 12.20	Working with children who have experienced adversity and trauma • Insights from USA and Scandinavia on effective ways to help them Dan Johnson , Senior Forensic Psychologist, Kibble Education & Care Centre
12.20 - 12.25	Questions
12.25 - 13.20	Lunch
13.20 - 13.25	Welcome and opening remarks from the Conference Chair <i>As above</i>
13.25 - 14.25	Supporting young people online - Recognising & responding to risks This presentation will keep you up to date with online risks affecting children and young people • How do we help young people understand and cope with online issues? • How we can best manage incidents of cyberbullying and youth produced sexual imagery (sexting)? • How can we encourage parents/carers to engage with their children in this area? • How can we ensure all staff understand and respect their responsibilities online as well as know how to manage their professional reputation? Caroline Hurst , Education Manager, Childnet Panel discussion with: Eve Joseph , UK Responsibility, Microsoft UK, Kat Tremlett , Helpline Practitioner, Professionals Online Safety Helpline & Parent Network Scotland
14.25 - 14.40	Refreshment break
14.40 - 15.40	We need to talk about depression, self-harm & suicide thoughts This session will provide you with; • An understanding of mental health on a continuum • Key facts and figures • An overview of mental health difficulties in young people • Warning signs; when should we be worried • How can we help; the power of listening and practical strategies • Further resources and support Gemma Fieldsend , Schools Trainer CWMT
15.40 - 15.45	Questions
15.45 - 16.15	Helping Children to Fly: Moving on and building resilience Laura Beveridge , Independent Trainer and Consultant
16.15 - 16.25	Questions, discussion and close

Trauma, Attachment & Behaviour in Education

A Half Day Training Course

Tuesday 3rd Oct 2017, Glasgow

with Dr Karen Treisman

Children who have experienced trauma and disrupted attachments can present challenging behaviour which can be tricky to teach and to make sense of. This course will provide you with a greater understanding of the principles of attachment and trauma theories and an understanding as to why children and young people might be behaving in the way they are. The course will also provide you with practical "How To" strategies for working with children and parents, so you can make the education setting an easier place for children to learn in, more trauma-informed, and enhance academic success.

COURSE TUTOR

Karen is a Highly Specialist Clinical Psychologist, author, and enthusiastic and engaging trainer. She has worked in the NHS and children's services for several years and also cross-culturally in both Africa and Asia with groups ranging from former child soldiers to survivors of the Rwandan Genocide. Karen has extensive experience in the areas of trauma, parenting, and attachment, and works clinically using a range of therapeutic approaches with families, systems, and children in or on the edge of care, unaccompanied asylum-seeking young people, and adopted children. She regularly presents at local, national, and international trauma, parenting, and attachment conferences.

Feedback from Previous Delegates

"Karen was fabulous, lots of practical strategies I can use with the children I work with"

"Excellent knowledge update and ideas provided"

"Karen is an inspiring, articulate, and passionate speaker"



Trauma, Attachment & Behaviour in Education

Tuesday 3rd Oct 2017, Glasgow

AIMS AND OBJECTIVES OF THE COURSE:

- Develop further knowledge and understanding about the impact of early trauma on children's overall development.
- Consider the role school plays in the lives of these children.
- Consider the benefits of being a trauma and attachment sensitive and aware school.
- Learn a range of effective interventions and practices which support these children in a classroom and school context.

The course will be taught through a lively mix of presentation, group discussions, experiential hands-on learning, and multimedia methods. Case studies and live examples will be interwoven throughout. Handouts and additional learning resources will be provided.

WHO SHOULD ATTEND?

This is a course for: teachers, head teachers, school counsellors, psychologists, support staff, school nurses, school policy makers, college and university lecturers & student welfare support services, early years & nursery staff, CAMHS and health professionals, social care, youth workers and others interested in mental health and well-being.

COURSE DETAILS:

Date: Tuesday 3rd October 2017

Time: 1pm-4.30pm, *Registration will be from 12.30pm*

Venue: Hallmark Hotel, 27 Washington Street,
Glasgow, G3 8AZ

Cost: £99 + vat

HOW TO REGISTER

Book online: www.medicacpd.com

Tel: 0141 638 4098

Post: Please complete the registration form
overleaf and return by 22nd Sept 2017

For group bookings please contact the Medica Cpd Team on 0141 638 4098. It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within 10 days of submitting your booking, please contact the Medica Cpd Team on the above numbers.

Cancellation Policy: Please read our cancellation and refund policy on our booking form before registering and on the www.medicacpd.com homepage.

Registration



Register Online at: www.medicacpd.com

Register by Telephone: 0141 638 4098

Register by Post: Fill in the registration form and [post to us at the address at the bottom of the form](#) **MEDICA CPD**

Your Details *Please fill in BLOCK CAPITALS*

First Name Surname

Job Title Organisation

Email (required) Tel No

Address

Postcode

Special diet/mobility

☐ Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post, please tick this box. If you do not receive confirmation of your booking within 10 days please call 0141 638 4098 or email carolyn@medicacpd.com

I wish to attend the following event *Please tick the appropriate box*

- ☐ **Children Under Pressure Conference - Full Day:** 04/10/2017, £199 + £39.80 VAT = £238.80
- ☐ **Trauma, Attachment & Behaviour in Education Course:** 03/10/2017, £99 + £19.80 VAT = £118.80
- ☐ **Discount Rate Booking (both of above)** 04/10/2017 & 03/10/2017, £267 + £53.40 VAT = £320.40

Please call Medica CPD office on 0141 638 4098 for group bookings

How to Pay *Please tick the appropriate box - It is the responsibility of the delegate to ensure payment is made prior to attendance*

- ☐ **By Cheque** I enclose a cheque for the appropriate amount payable to "Medica CPD Ltd" and send with the form to the address below for the attention of Carolyn Fraser.
- ☐ **By Credit Card** Please book online at www.medicacpd.com (please note: a small charge of 3.4% will be added to all credit/debit card charges)
- ☐ **By Invoice** Please send invoice to (if different from above)

First Name Surname

Job Title Organisation

Email (required) Tel No

Address

Postcode

Purchase order number (if relevant)

☐ An invoice will be sent to the appropriate person by email. If you would prefer to receive an invoice by post please tick this box.

Payment due: 30 days from invoice date or before the event date (whichever comes sooner). Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

REGISTRATION TERMS & CONDITIONS: 1. Once we have received your booking online, by telephone, email or in the post this constitutes a firm booking. 2. Your registration constitutes a legally binding agreement, payment must be received before the event. Any outstanding payment becomes the responsibility of the named delegate attending. 3. Cancellations must be made in writing. A refund less an administration charge of £25 will be given to cancellations received before 31st August 2017. After this date the full fee is payable, regardless if the delegate attends on the day or not. Substitutions can be made, if we are notified up to 3 days before the event. 4. The organisers reserve the right to change the programme, speakers and venue as required. 5. In the unlikely event that we have to cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs incurred. Please visit our website at www.medicacpd.com for full terms and conditions

DATA PROTECTION: The personal data that you supply during the registration of this event will be entered into a database and used by the event organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the event organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the events. The personal data in the database will be retained by the event organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.

Medica CPD, Suite 23, 1 Spiersbridge Way,

Spiersbridge Business Park, Thornliebank, Glasgow G46 8NG Tel: 0141 638 4098

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